A Hybrid Marathon - Sponsored by SCPOAI

9am to 2:30 pm Saturday, November 21, 2026

Featuring: Workshops, a Drawing, Clothng Exchange, a Literature Table, & a Speaker Panel

Use your phone's camera app to activate the blue QR code below for more information or the Orange/brown QR code to register to attend IDEA Day online.



IN PERSON: Hempfield United Methodist Church, 3050 Marietta Pike, Lancaster - **Doors open for registration at 8:30am**

ONLINE: Zoom: **Meeting #**: 815 1628 2395 **Passcode:** registered attendees will receive passcode before the event.-

Online participants must register by Nov. 14, 2026.

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Suggested Donation: $10

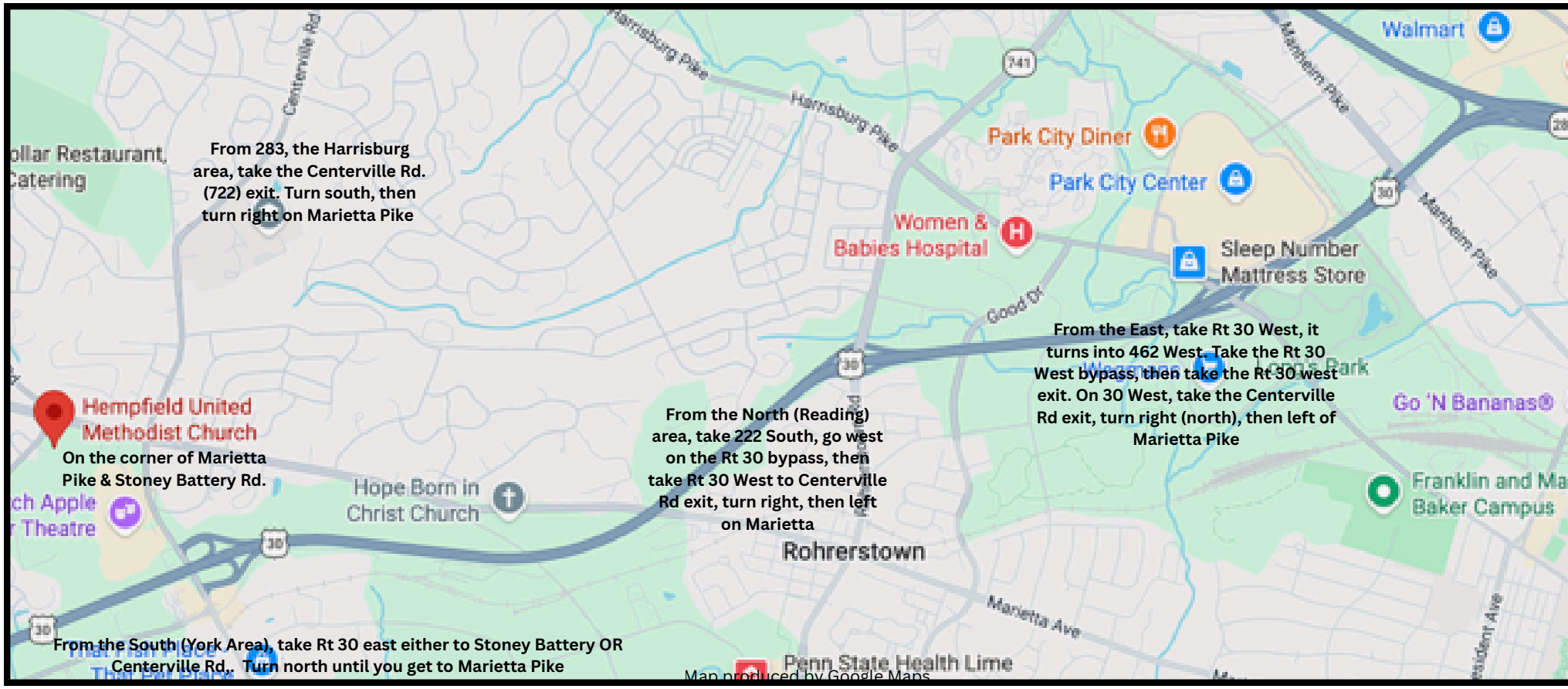
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Contact: Tracy F (arnytracy@gmail.com or (717) 333-8845) **Tech Contact: Brian A**(859) 312-0982

SCPOAI = South **C**entral **P**A **OA I**ntergroup **IDEA DAY = *I*nternational *D*ay of *E*xperiencing *A*bstinence Day**

Map, Directions, other information is on page 2

Map to Hempfield United Methodist Church: 3050Marietta Ave, Lancaster, PA



LUNCH: bring your own (*refrigeration provided*) OR get lunch at a local restaurants or grocery stores

BEVERAGES: Coffee, tea, and water provided - *donations gratefully accepted*

Want to support SCPOAI or OA's World Service, but can't attend IDEA Day?

Use your phone to activate the QR Code below to donate via Venmo: NOTE - If asked for the last 4 digits of SCPOAI's telephone, it's 8115.

SCPOAI's QR code for VENMO donations

Please come early if you are bringing a **Ways and Means Basket** or **Items for the Clothing Exchange** - ***so our volunteers can have time to set them out before the program starts at 9 am.***

OVEREATERS ANONYMOUS®
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