

OA Virtual Region Board Meeting Minutes

Date: September 5, 2026

Time: 1:00 p.m. Eastern Time

Members Present:

Chair

Vice Chair

Secretary

Treasurer

Member at Large

Digital Coordinator/Convention Chair

Data Tech Committee Chair

Digital Resources Committee Chair

Intergroup Outreach and Renewal

Public Information Professional Outreach/Unity With Diversity

Trustee Liaison

Opening

The meeting opened with the Serenity Prayer.

Approval of Minutes

The August meeting minutes were reviewed. No corrections were offered, and the minutes were accepted by acclamation.

Readings:

A reading of one of the Twelve Concepts of Service of Overeaters Anonymous

Treasurer's Report

A budget meeting was held early on September 5, where questions were addressed. It is being tested. The 2025 tax return and New Mexico charity report are pending filing.

New Business

Standing Rules

The modified rules were discussed. The Standing Rules were affirmed as amended.

Assembly 2 Planning

Meet the Maker is scheduled for November 8th at 9 a.m. and 2 p.m. ET. The New Representatives Welcome will be held one hour earlier, at 8 a.m. and 1 p.m. ET. A1 budget, Treasurers Q&A, Newcomer Welcome. Reports are due by September 15.

The Board noted that there is a recognized need to build service capacity and recruit more members to handle the region's expansive workload.

New Business Motion: Increasing Prudent Reserve

The Board voted to postpone this motion until 2027 A1 to allow for better definition of operational expenses.

<https://oa.org/documents/budget-guidelines-for-service-bodies/>
<https://oa.org/documents/fundraising-and-prudent-reserve-guidelines/>

New Business Motion: Hold One Assembly Annually

The Board approved this motion. Impact of moving to one assembly on election bylaws was clarified and resolved. The focus will be on having a committee carnival and one assembly each year.

New Business Motion: Transfer Policy and Procedure Authority to the Board

The Board approved this motion.

2027 Convention Planning

Dates were announced. The Convention will be held March 12 through March 14, 2027.

[Public Calendar Events - dated and unspecified](#)

Awareness was brought to events still in the planning stages.

Digital Request Form

A new digital request form for announcements and events is live in testing mode on the calendar page. Test the new digital request form and provide feedback.

Upcoming Meetings and Events

- Board business meetings prior to Assembly: October 3, 2026, and November 7, 2026.
- Newcomer Open House: October 24–25, 2026.
- Assembly 2 2026: November 14-15, 2026.
- December 5, 2026: fellowship gathering rather than a Board business meeting.

Closing

The meeting closed with the OA Promise. The meeting was adjourned at 2:30 p.m. Eastern Time.