

OA Virtual Region Board Meeting Minutes

Date: August 1, 2026

Time: 1:00 p.m. Eastern Time

Members Present:

Chair

Vice Chair

Secretary

Treasurer

Member at Large

Data Coordinator

Digital Coordinator/Convention Chair

Bylaws Committee Chair

Data Tech Committee Chair

Digital Resources Committee Chair

Opening

The meeting opened with the Serenity Prayer in English and French.

Approval of Minutes

The June meeting minutes were reviewed. No corrections were offered, and the minutes were accepted by acclamation.

Readings:

Virtual Region Strategic Vision

The Twelve Concepts of Service of Overeaters Anonymous

Treasurer's Report

The Treasurer reported that the region is financially solvent. The checking account balance is approximately \$47,000. The prudent reserve has been increased to approximately \$30,000 to \$31,000 due to higher expenses during the first four months of the prior year.

The first Treasurer's Forum was held with approximately eight people in attendance. Another forum is being considered for the fall, possibly during the first week of November, with earlier promotion to improve attendance.

Bank Account Transition

The treasurer reported that the bank requested additional notarized documentation identifying the individuals to be removed from and added to the account. The board expressed concern about the length and difficulty of the Bank of America transition process.

Unfinished Business

Cruise Approval and Insurance Coverage

Board approval for the cruise remains on hold while insurance coverage is being explored. The discussion noted that coverage needs are different for the Virtual Region because in-person liability issues, such as slip-and-fall coverage, have not historically applied to the region.

New Business

Assembly 2 Planning

The Secretary reported that the assembly is approximately 100 days away and that the WhatsApp group and planning meetings need to resume. The group discussed possible meeting times, with Thursday afternoons around 1:00 or 2:00 p.m. Eastern Time suggested for follow-up discussion. Update: Meetings may move to Wednesday to include the Member-at-Large.

Key planning items include e-blasts, applications for open board positions, registration deadlines that allow time to arrange interpreters, and the need to notify service bodies about deadlines for motions. The deadline for committee reports and motions was identified as September 15. The treasurer noted the need to begin work on the budget, and the budget timeline will be checked against policy and procedure requirements.

The board discussed possible future motions, including increasing the prudent reserve to six months and considering changes to the current format of two two-day assemblies. Members were encouraged to work with the Bylaws Committee early when developing motions.

A webpage mock-up is being created by the Digital Committee and will be shared for feedback.

2027 Convention Planning

The Digital Coordinator reported that the first preliminary convention meeting has taken place. A co-chair is being sought, and possible candidates are considering service. The committee is gathering theme ideas and asked board members and committee chairs to submit up to two theme concepts.

The Convention Committee will meet on the first Sunday of each month at 1:00 p.m. Eastern Time until December, when additional meetings will begin. January and February meetings are expected to occur weekly. A detailed convention timeline will be prepared and aligned with the convention manual.

The convention date has not yet been set. By consensus, the board empowered the Convention Committee to choose the date after reviewing the OA calendar, region calendars, major holidays, and other scheduling conflicts.

Spanish Literature Translation Updates

The Member-at-Large reported on behalf of the Language Services Committee. The region is investigating an AI translation platform currently used by Region 9. The Footsteps Arabic translation team has completed one translation and is working with related Twelve and Twelve study materials.

The Twelve and Twelve has been translated into Normative Spanish and is being reviewed by a selected Upwork translator. Initial bids have been received for translating the study guide, though current bids may exceed the budget. The World Service Office has been asked whether selected daily reader materials may be translated along with the study guide, and a response is pending.

Public Calendar Events - dated and unspecified

The Digital Committee is working on a combined request form that can handle event submissions, file submissions, calendar entries, and related website or communications requests. The goal is to consolidate requests and improve tracking so items do not fall through the cracks.

Digital Committee is also working on public calendar improvements, including a clearer way to identify region-wide public events and upcoming committee-related items that may affect scheduling, e-blasts, and cross-committee coordination.

Twelve Step Within Workshops Committee

The region is seeking a new chair. A tools workshop connected with the Thirty Questions workshop is being planned, with details expected soon

Public Information Professional Outreach/Unity With Diversity Committee: Newcomer Open House

The Vice Chair announced that the next Newcomer Open House is scheduled for October 24 and 25, 2026.

Upcoming Meetings and Events

- Board business meetings prior to Assembly: September 5 and October 3, 2026.
- Newcomer Open House: October 24–25, 2026.
- Assembly 2 2026: November 14-15, 2026.
- December 5, 2026: fellowship gathering rather than a Board business meeting.

Closing

The meeting closed with the Serenity Prayer in French and English. The meeting was adjourned at 2:02 p.m. Eastern Time.