

# NEWCOMER

## *Open House 2026*

**SAT OCT 24**    **SUN OCT 25**

8AM-8PM ET(UTC-4)    10AM-2PM ET (UTC-4)

Thousands around the world have found freedom from food and body obsession – including binge eating, sugar addiction, compulsive overeating, anorexia, bulimia, and compulsive food behaviour – through the fellowship of Overeaters Anonymous.

**Join us for a Weekend of Newcomer meetings**

Go to [oa.org](https://oa.org)



We have meetings 24 hours of the day.  
7 days of the week. Virtually & in  
person.

Join us on Saturday Oct 24 and Sun  
Oct 25th in the Welcome Center at  
<https://oavirtual.org/>



You are not alone