

Workshop

OVEREATERS  
ANONYMOUS  
VIRTUAL REGION

## Overeaters Anonymous TWELVE STEP WORKSHOP

A 17-session workshop designed to help  
participants achieve and maintain  
Abstinence through  
working all Twelve Steps



*Sponsored by Twelfth Step Within*

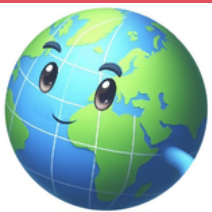
Wednesdays  
October 9, 2024 -  
February 26, 2025  
2pm - 4pm ET

Thursdays  
October 10, 2024 -  
February 6, 2025  
8:30pm - 10:30pm ET  
skipping Thanksgiving Day

**Registration is required.**

**[click here for registration](#) and for information about these  
OA 12 Step Workshops and where to get the literature  
you will need to participate.**

**MANDATORY ORIENTATION SESSION:  
PARTICIPANTS ARE REQUIRED TO ATTEND ONE  
OF THE TWO ORIENTATION SESSIONS  
WEDNESDAY OCTOBER 9ND 2PM - 4PM ET  
THURSDAY OCTOBER 10TH 8:30PM - 10:30PM ET**



**Zoom Information for both sessions:**

**Zoom info: Meeting ID: 813 2949 0352  
Passcode: 121212**